

APRIL 2025 Breakfast Menu



Milk: 1% White & Skim White are offered daily at breakfast!

Fresh Fruit servedvdailworhbreatkfaist!

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Honey Nut Cheerios Cereal	1 Blueberry Nutri- Grain Bar	2 Banana Muffin	3 Turkey Pancake Wrap	4 No 4K
7 Blueberry Breakfast Bread	8 Honey Nut Cheerios Cereal	9 Sausage Breakfast Sandwich	10 Yogurt & Goldfish Pretzel Crackers	11 No 4K
14 Oatmeal Chocolate Chip Bar w/ Cheese Cubes	15 Cheese Bosco Sticks	16 Yogurt & Animal Crackers	17 Strawberry Nutri- Grain Bar	18 No 4K
21 No School	22 Animal Crackers & String Cheese	23 Country Chicken Biscuit	24 Yogurt & Giant Vanilla Goldfish Grahams	25 No 4K
28 Frosted Flakes Cereal	29 Cheese Bosco Sticks	30 Egg & Cheese English Muffin	1 Banana Chocolate Bar	2 No 4K

PIE IN THE

Cherries are known as drupes or stone fruits, like nectarines and peaches, and are high in antioxidants. There are more than 500 varieties of sweet cherries (Prunus Avium), and almost as many tart ones (Prunus Cerasus); though only a small percentage—around 20 or so altogether—are sold commercially. A typical cherry tree produces 7,000 cherries, that can be harvested in seven seconds using a mechanical tree shaker. The state of Washington grows an estimated 62 percent of the United States' sweet cherries, which are great summer snacks. Michigan, meanwhile, grows well over half of the country's tart cherries, which are mostly used for cooking.

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DID YOU KNOW?

FOLLOW THE CHERRY TREE ROAD

Cherries were part of the Roman soldiers' rations, and as they traveled, the pits they discarded became the trees that bloomed throughout the empire. There was a saying that to find the old Roman roads, all one had to do was follow the wild cherry trees

ACE'S JOKE OF THE MONTH

WHY ARE CHOCOLATE-COVERED CHERRIES THE PERFECT **DINNER PARTY HOSTS?**

SEE ANSWER BELOW

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ACTIVITY: CROSSWORD PUZZLE

ACROSS

4. Door County, Wisconsin's nickname, earned by its production of 95% of the nation's tart cherries

5. State that once prohibited ice cream be served on cherry pie

7. Cherries, apples, and blueberries make great filling for this dessert

DOWN

1. Fruit often bobbed for in the fall and rumored to help keep the doctor away

2. Type of tree George Washington was rumored to have chopped down in his youth

3. A monkey's favorite fruit

5. Tropical fruit that shares its name with a flightless bird-this fruit is green on the inside, with a brown and fuzzy outside

6. The number of seconds it takes to harvest a cherry tree using special machinery

Apple; 2. Cherry; 3. Banana; 5. Kiwi; 6. Seven ACTIVITY ANSWER: ACROSS: 4. Cherryland; 5. Kansas; 7. Pie; DOWN: 1. JOKE ANSWER: They are extremely cordial.



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